ExoFit
Outdoor Fitness

PowerFlex Zone

7 Users	7 Units

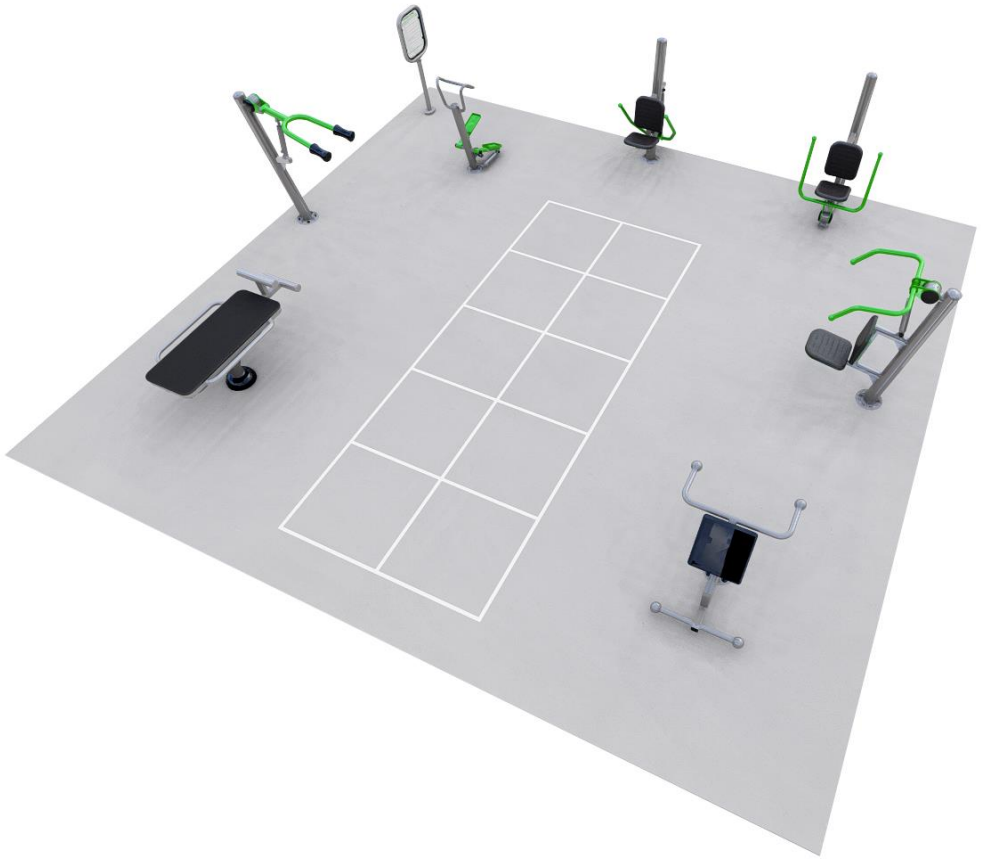
www.exo.fit | info@exo.fit | 800-527-0797

PowerFlex Zone

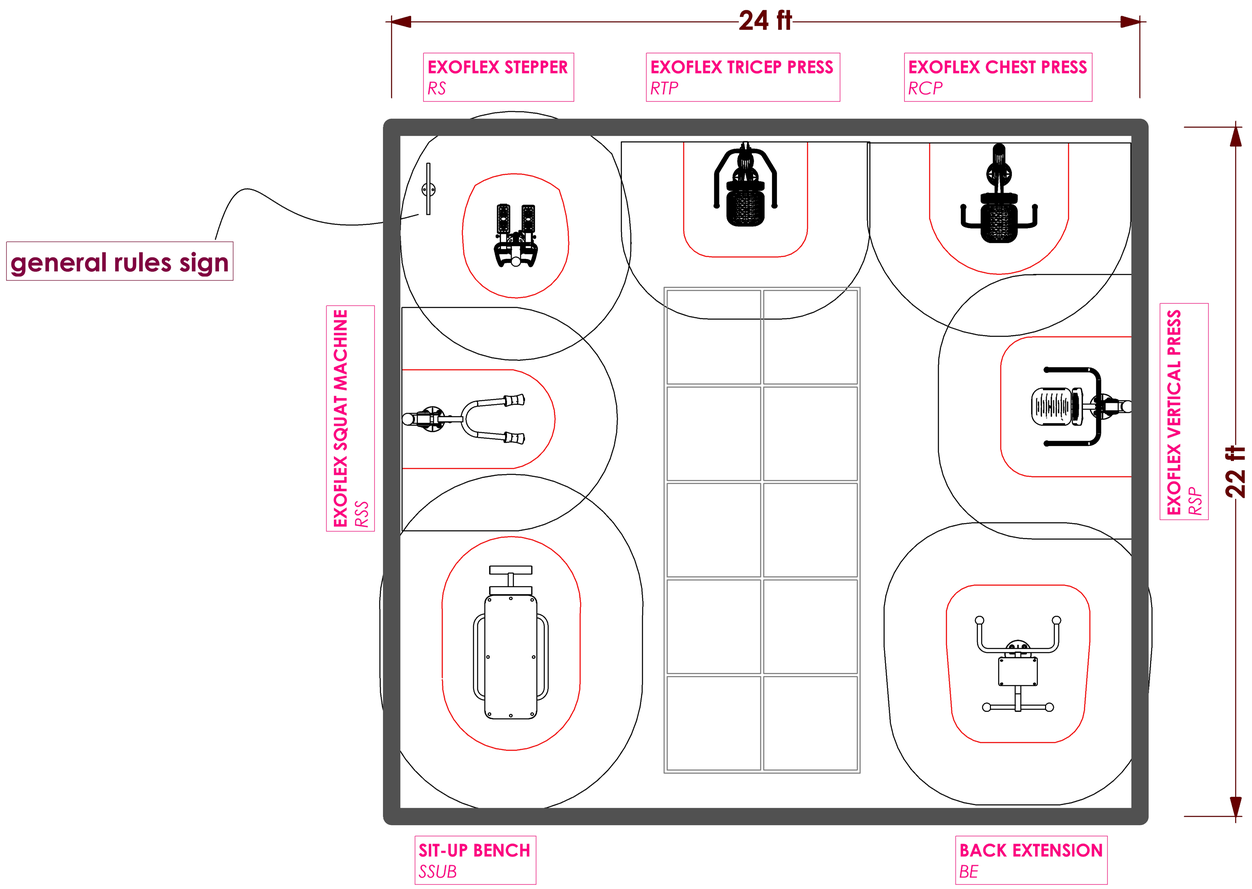
7 Users	7 Units

Units

RS	Stepper (Resistance)
RTP	Tricep Press (Resistance)
RCP	Chest Press (Resistance)
RSS	Squat Machine (Resistance)
RSP	Vertical Press (Resistance)
BE	Back Extension
SSUB	Sit Up Bench
SSGL	Rules Sign



Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION.
For more details, please contact ExoFit Outdoor Fitness.



ExoFit
Outdoor Fitness

TOTAL SQUARE FEET:

528 SQ FT.

NO. OF USERS:

07

PROJECT NO:-	SCALE:- 3/16" =1'
DRAWN BY:-	PAPER SIZE:-
DATE:- 01-JULY-2026	B

POWER FLEX ZONE

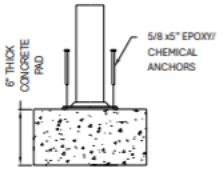
PowerFlex Zone

7 Users	7 Units

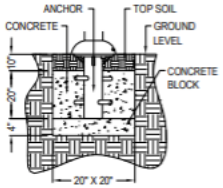
10271 DEER RUN FARMS
ROAD SUITE 1
FORT MYERS, FL 33966
PHONE: (800) 527-0797
info@exo.fit / www.exo.fit

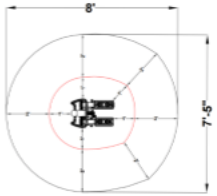
EXOFLEX STEPPER

SURFACE MOUNT

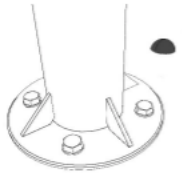


IN-GROUND MOUNT





BOLT COVERS (4)



STEPPER
RS
Exofit Outdoor Fitness
(59.3 sq ft)

SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older.

Fall Height: N/A*

Weight: 132 lbs.

**Does not require impact-attenuating surfacing.*

10271 DEER RUN FARMS
ROAD SUITE 1
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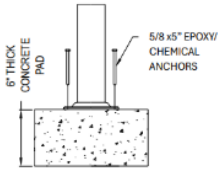
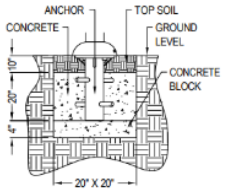
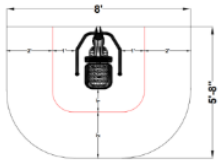
EXOFLEX TRICEP PRESS

SURFACE MOUNT

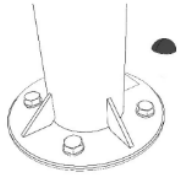


IN-GROUND MOUNT





BOLT COVERS (4)



TRICEP PRESS
RTP
Exofit Outdoor Fitness
(45.33 sq ft)

SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older.

Fall Height: N/A*

Weight: 132 lbs.

**Does not require impact-attenuating surfacing.*

PowerFlex Zone

7 Users	7 Units

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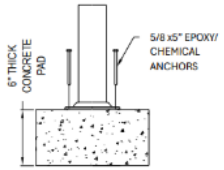
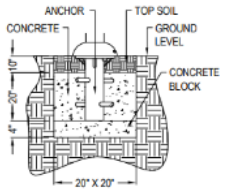
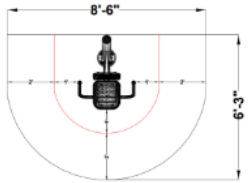
EXOFLEX CHEST PRESS

SURFACE MOUNT

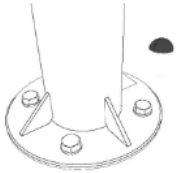


IN-GROUND MOUNT





BOLT COVERS (4)



CHEST PRESS
RCP
Exofit Outdoor Fitness
(53.125 sq ft)

SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older.

Fall Height: N/A*

Weight: 132 lbs.

**Does not require impact-attenuating surfacing.*

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ROAD SUITE 1
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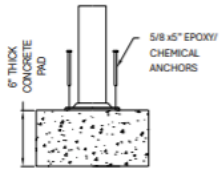
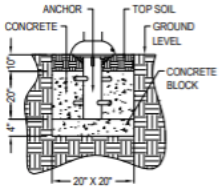
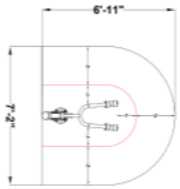
EXOFLEX SQUAT MACHINE

SURFACE MOUNT

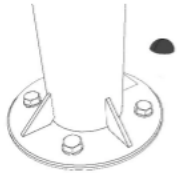


IN-GROUND MOUNT





BOLT COVERS (4)



EXOFLEX SQUAT MACHINE
RSS
Exofit Outdoor Fitness
(49.57 sq ft)

SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older. **Fall Height:** N/A*

Weight: 132 lbs.

**Does not require impact-attenuating surfacing.*

PowerFlex Zone

7 Users	7 Units

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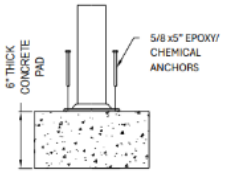
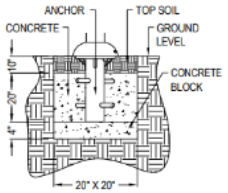
info@exo.fit / www.exo.fit

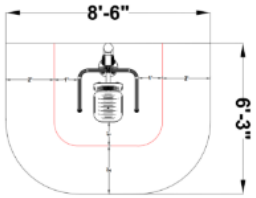
EXOFLEX VERTICAL PRESS

SURFACE MOUNT

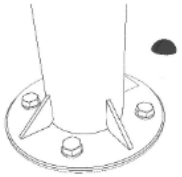


IN-GROUND MOUNT





BOLT COVERS (4)



VERTICAL PRESS
RSP
Exofit Outdoor Fitness
(53.13 sq ft)

SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older.

Fall Height: N/A*

Weight: 132 lbs.

**Does not require impact-attenuating surfacing.*

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ROAD SUITE 1
FORT MYERS, FL 33966
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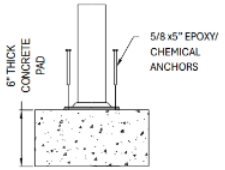
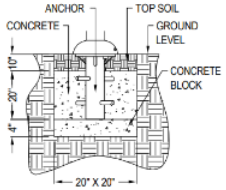
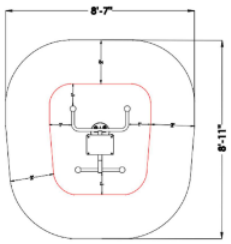
BACK EXTENSION

SURFACE MOUNT



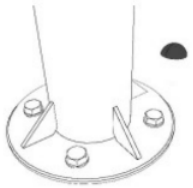
IN-GROUND MOUNT





BACK EXTENSION
BE
Exofit Outdoor Fitness
(76.45 sq ft)

BOLT COVERS (4)



SPECIFICATIONS:

Users: (1) Intended for use by ages 13 and older.

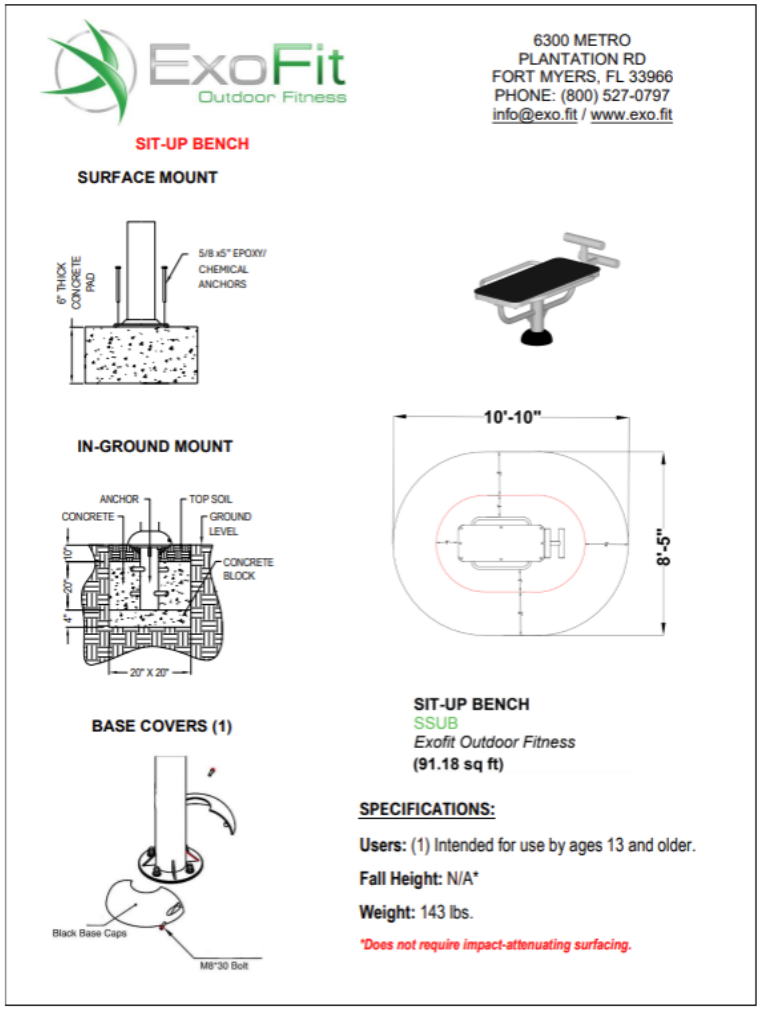
Fall Height: N/A*

Weight: 143 lbs.

**Does not require impact-attenuating surfacing.*

PowerFlex Zone

7 Users	7 Units



ExoFit
Outdoor Fitness

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10271 DEER RUN FARMS
ROAD SUITE 1
FORT MYERS, FL 33966
PHONE: (800) 527-0797
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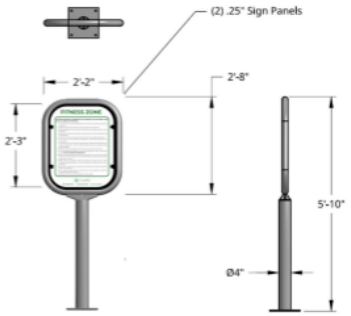
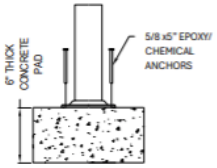
Rules Sign -SSGL

SPECIFICATIONS:

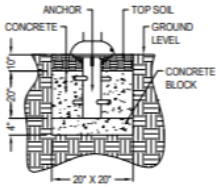
- Printed on High Pressure Laminate (HPL)
- No Adhesive Layers
- Impervious to Moisture
- Thermally Stable
- High-Impact Resistant
- 10-year Warranty



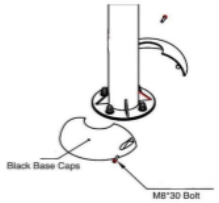
SURFACE MOUNT



INGROUND MOUNT



BASE COVERS (1)



FITNESS ZONE

The fitness equipment is designed for your enjoyment. For your safety, we ask that you comply to the following:

1. You assume all risk and responsibility for the use of the exercise equipment at this facility.
2. Children under the age of 13 should stay away from this equipment.
3. Parents/Guardians: To avoid injuries, do not let your underage children use the equipment.
4. Remove any helmets, drawstrings, or accessories around the neck before using the equipment.
5. Be aware that there may be hot surfaces and/or surfacing before beginning.
6. Do not climb or allow climbing on equipment or structures unless that is its intended use.
7. Any potential users with known adverse health conditions should refrain from using this equipment. Consult a physician before starting any physical fitness training program.
8. Perform exercises according to instructions on each piece of equipment.
9. During exercise, pay attention to how your body feels. If pain or discomfort occurs, **STOP THE EXERCISE IMMEDIATELY.**
10. Perform resistance exercises according to instructions in a slow and controlled manner over the full range of motion. Performing the movements too quickly may result in an injury.
11. Before using the equipment, check for loose parts, breaks, cracks, or other conditions requiring attention. If any abnormalities are noticed, do not use the equipment.
12. Keep clear of moving parts and keep a safe distance from exercise equipment when in use by others.
13. Do not attach straps, bands or similar items to the equipment unless the intended use specifically allows it.
14. Supervision for the use of the equipment is not provided.

ExoFit
Outdoor Fitness

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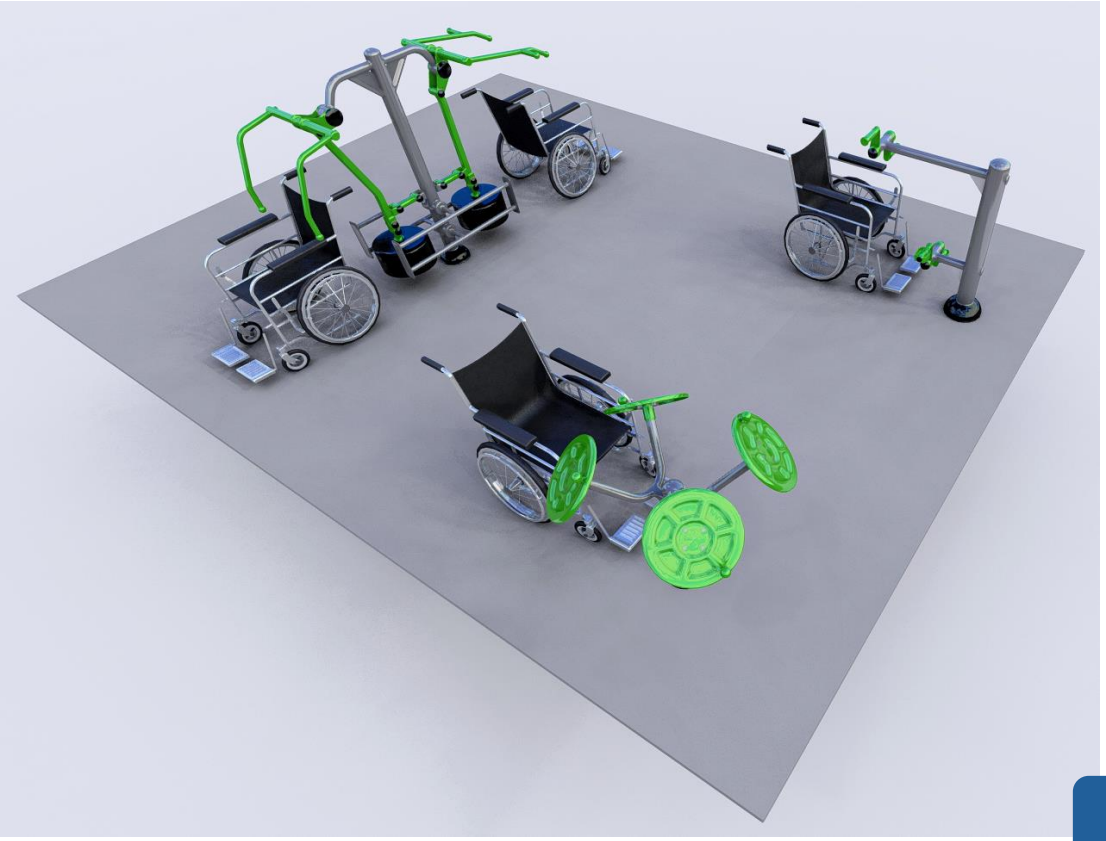
Area Enhancements

Inclusive Fitness For Your Community!

Units

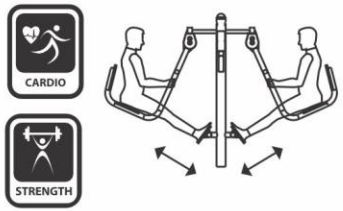
DC	Wheelchair Accessible Chest Press/Lat Combo
DAPB	Wheelchair Accessible Arm/Foot Wheel
DTCS	Wheelchair Accessible T'ai Chi Spinners



ExoFit
Outdoor Fitness

Unit labels feature safety guidelines, exercise instructions and more!

2-Person Leg Press II



Main Function: Strength training working legs and glutes.

Maximum Weight Per User: 330 lbs.

Instructions

- Place your feed on the footrests provided.
- Hold onto the support bar and slowly straighten legs, pause before slowly bending your legs to start position.
- Maintain an upright sitting position,
- Keep knees and feet in alignment and fo do fully straighten your legs.

Exercise Suggestions

Beginners: 10 Presses

Intermediate: 15 Presses

Advanced: 20 Presses

Always work within your ability.

Stop if you feel faint or dizzy.

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User Guidelines

This fitness equipment is designed for your enjoyment. For your safety, we ask that you comply with the following:

1.This equipment is intended for use by individuals 13years and older.
2.Parents/Guardians: Do not let your children under the age of 13 on this equipment
3.User assumes all risk and responsibility for using this equipment.
4.CAUTION: Surfaces may be hot.
5.Remove any helmets, drawstrings or accessories from around the neck.
6.Only use this equipment for the intended exercise.
7.Do not climb or allow climbing on this equipment, unless climbing is the intended purpose.
8.Consult a physician prior to starting any physical fitness training program. Potential users with known adverse health conditions should not use this equipment. In the event that pain or discomfort occurs, STOP THE EXERCISE IMMIDIATELY and consult your physician.
9.Before using equipment, check for any loose parts, breaks, cracks or other conditions needing attention.
10. Keep clear of moving parts and be aware of the presence of others while using the equipment.

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Warranty

Limited 25-year warranty on main post.
Limited 5-year warranty on seats and backrests.
Limited 5-year warranty on moving parts and bearings.
Limited 3-year warranty on hydraulic pistons.
Limited 2-year warranty on any rubber or other plastic parts.

All warranties cover failure due to manufacturing defects. This warranty does not cover normal wear and tear, such as scratches or dents caused by normal use, or any normal level of rusting due these.

Warranty is only valid if the equipment is installed and maintained in conformity to ExoFit's installation and maintenance procedures furnished by ExoFit Outdoor Fitness.

SUPPORT

Upon written notification to ExoFit of a product's failure to conform to any the afore mentioned warranties during the applicable period.
ExoFit shall ship the required part(s) to the site free of charge but will not be responsible for providing the labor of cost of labor for removing defective part(s) or installing replace part(s).
ExoFit's will warranty the replacement part(s) for the balance of the original warranty period.
Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law. ExoFit shall not be liable for any direct, indirect, special incidental or consequential damages, which are expressly excluded from the sale of its product.