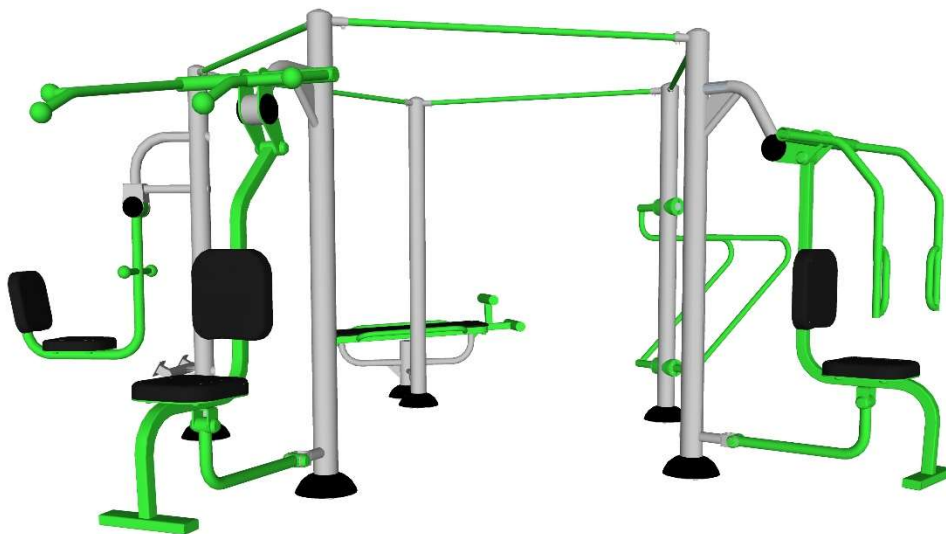


## Specifications and Installation

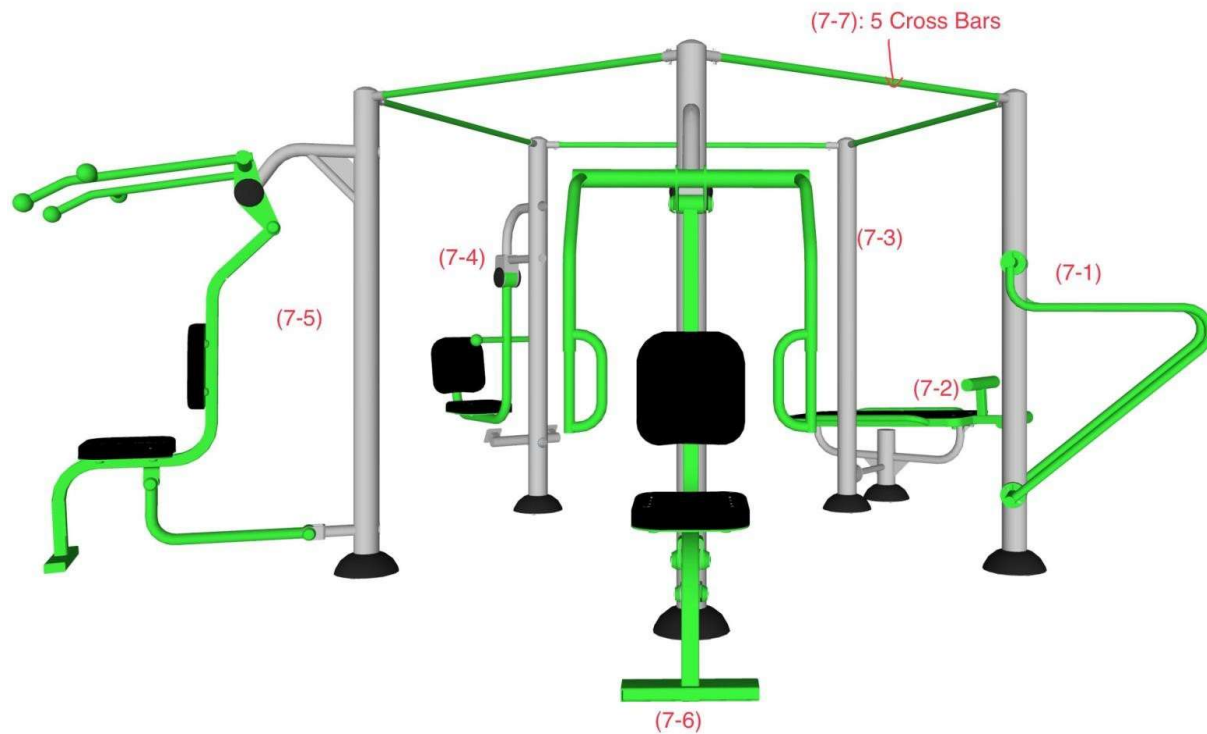
### ExoPod (EP)



*ExoFit Outdoor Fitness Equipment*

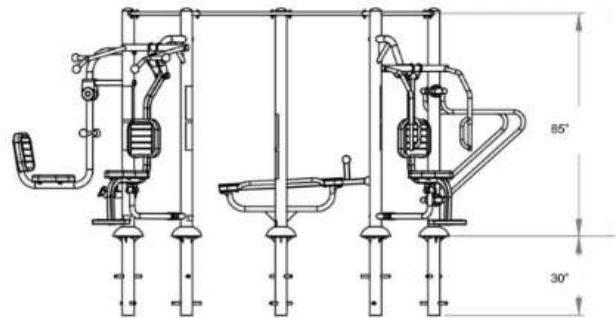
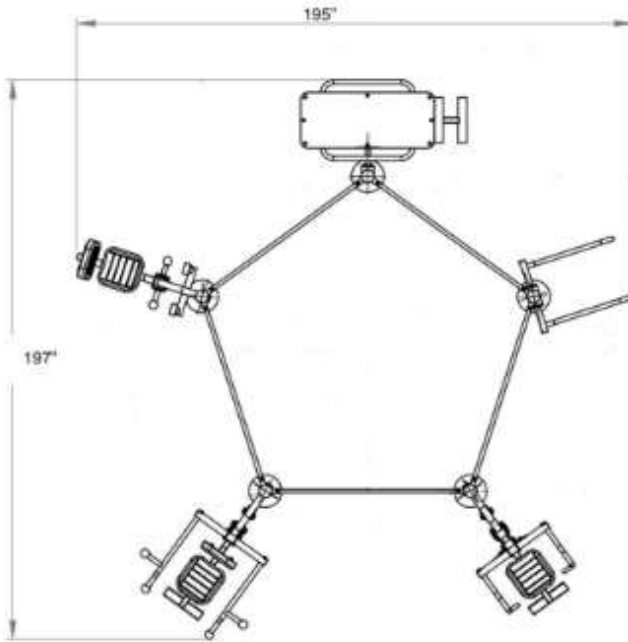
## EXOPOD (EP) PARTS LIST

EP-EXO POD(EFF)	INCLUDED x PACK 7		
	7-1	PUDS(7-1)	PUSH UP AND DIP STATION
	7-2	SUB(7-2)	SIT UP BOARD
	7-3	SUB-COLUMN (7-3)	CONNECT WITH SIT UP BOARD
	7-4	SLP (7-4)	SEATED LEG PRESS
	7-5	PDC (7-5)	PULL DOWN CHALLENGER
	7-6	SCP (7-6)	SEATED CHEST PRESS
	7-7	TUBE CROSS BAR (7-7)	

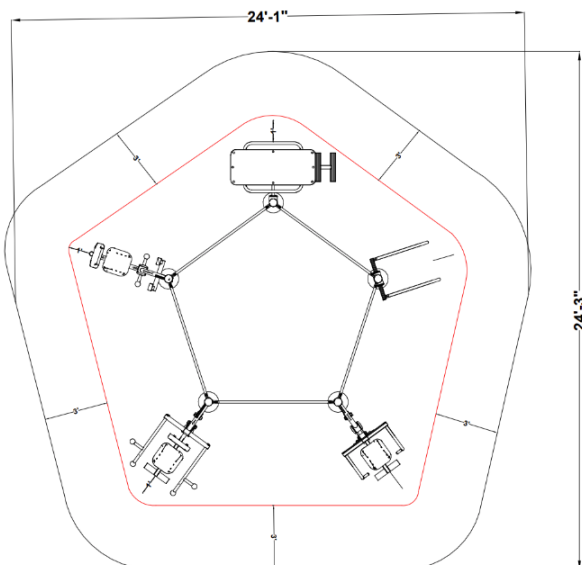


**\*\*\*AFTER EQUIPMENT IS INSTALLED, REMOVE ALL FILM OFF LABELS\*\*\***

**DIMENSIONS:**



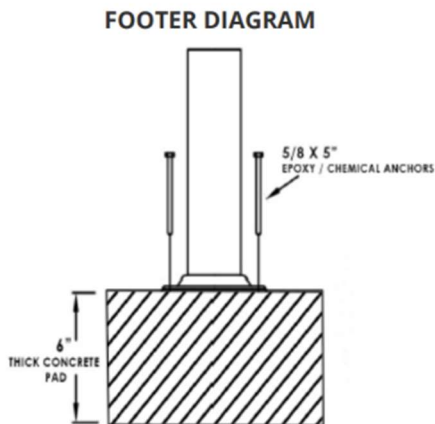
**USE ZONE:**



\*T45 Bit or Tool  
Needed (not  
included)

**\*\*\* AFTER EQUIPMENT IS INSTALLED, REMOVE ALL FILM OFF LABELS \*\*\***

**SURFACE MOUNT INSTALLATION:**

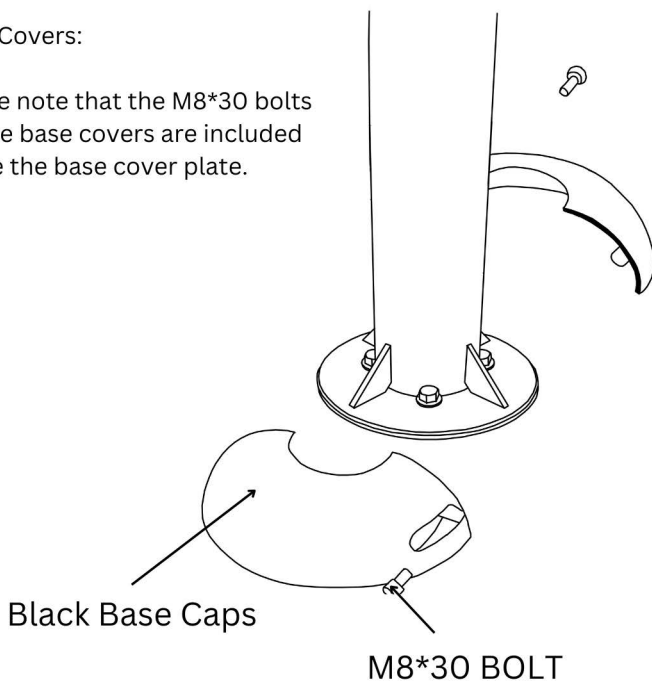


For best results, a 6" thick concrete pad is recommended.

5/8" x 5" Epoxy/Chemical Anchors are recommended for Surface Mount.  
*(epoxy anchors not included)*

**Base Covers:**

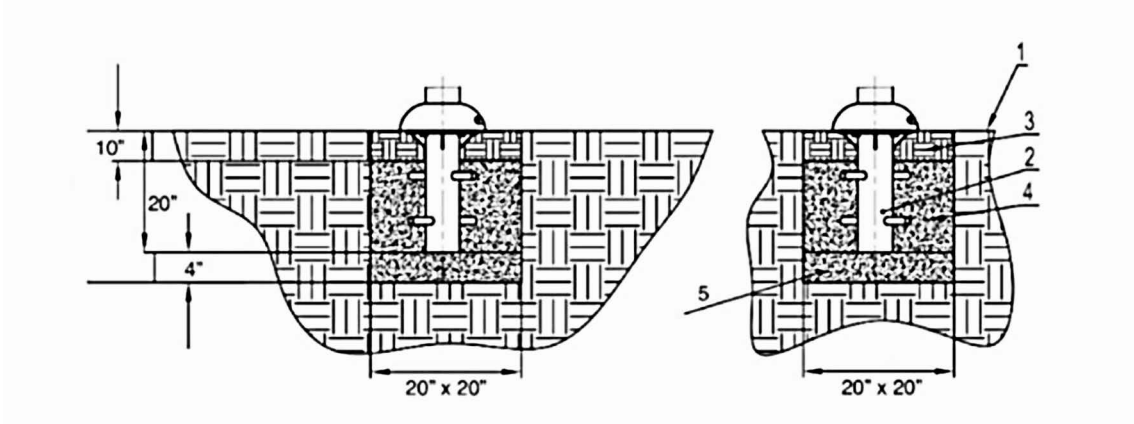
Please note that the M8\*30 bolts for the base covers are included inside the base cover plate.



**\*\*\* AFTER EQUIPMENT IS INSTALLED, REMOVE ALL FILM OFF LABELS \*\*\***

**IN-GROUND MOUNT INSTALLATION:**

Attach embedded anchors to the bottom of all posts first before putting them into footers. All bolts needed for in-ground installation of the embedded anchors are attached to the anchors.



Ref	Name
1	Ground Level
2	Anchor
3	Topsoil
4	Concrete
5	Concrete Block

**FOR SOFTER SOIL CONDITIONS, WE RECOMMEND 30" L x 30" W x 24" H.**