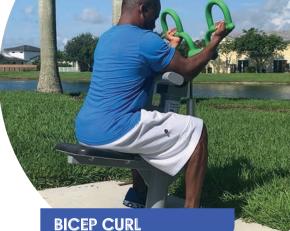
ExoFlex

Now you can Take Your Fitness Outdoors with our new adjustable resistance line! With 11 different tension levels, you can create the resistance that you need to maximize your workout. Like our ExoOne line, ExoFlex is virtually maintenance-free and perfect for parks, schools/universities, senior centers and more. Contact us so we can help you design your next outdoor fitness park!



STEPPER





VERTICAL PRESS

Muscle Focus:







Shoulders

Arms

VERTICAL PRESS

Muscle Focus:





Glutes

CHEST PRESS



TRICEP PRESS



BICEP CURL



Muscle Focus:







Shoulders







Muscle Focus:





Muscle Focus:



Arms (Biceps and Forearms)













Abs **Shoulders**



